



Town of Rocky Hill

761 OLD MAIN STREET • ROCKY HILL, CT 06067

# The Rocky Hill Pivotal Press Senior Citizen Newsletter

Rocky Hill Human Services Department

Cathy Sylvester • Denise Sanderson

Senior Center

(860)258-2786 / 258-2757 • FAX (860) 257-1213

Birthplace of the Brigantine "Minerva"



## MAY 2017



### LUNCH FOR SENIOR CITIZENS

The Rocky Hill Parks & Recreation Department offers a five-day a week lunch program for senior citizens. Lunches are served **Monday through Friday** at **12:00 noon** in the Community Center Lunch Room. Doors open at 10:00 a.m. Monday and at 10:30 a.m. Tuesday through Friday. The cost is **\$3.50** for Center members, **\$4.00** for Out of Town residents who are members, **\$5.00** for residents of Rocky Hill who are not Senior Center Members, and **\$7.00** for out of town seniors who are not members. Those interested in **registering** must call the **Senior Center Office** at **258-2786** to register **1 DAY IN ADVANCE** and before **4:30pm**. **SENIORS NOT CHECKED OFF ON LUNCH FORM CANNOT BE GUARANTEED LUNCH.**



### SENIOR CENTER GUEST POLICY

Rocky Hill Senior Center members can bring guests to lunch no more than **4 times a year**. Cost for guests will be **\$3.50**/per person.

Guests must be registered 1 day in advance.

\*The guest policy was created for close out-of-town friends or family of senior members.

**\*\*Seniors that attend the lunch program who are disabled and need caretakers to accompany them will be allowed to purchase lunch for their caretaker at the Senior Center price of \$3.50.**

### SENIOR CENTER MEMBERSHIP

Seniors of Rocky Hill that wish to become a member of the Senior Center the membership is **FREE**. Out of Town Seniors that wish to become a member of the Senior Center, must pay an annual fee of **\$10.00** to participate in any senior programs.

**SENIOR HEALTH INFORMATION:**

**HEALTH INFORMATION**

**NOTE:** THE NURSE WILL NOT COME GET YOU. SENIORS NEED TO FIND THEIR OWN TRANSPORTATION TO THE SENIOR CENTER.

**HEALTHCARE SERVICES**

**Every Monday  
9:45am - 11:45am**

Sign up that day  
**FREE**

Location: Nurses Office  
Joan Haines - Certified RN

**HEARING HEALTH SERVICES**

**This month will be:  
May 11, 2017**

**10:00am - 11:00am**

Cleans and Checks any hearing aid  
**FREE** hearing test

Location: Nurses Office  
Beltone New England

**FOOTCARE PROGRAM**

**Monthly  
Wednesday  
May 10, 2017**

**APPOINTMENTS NECESSARY!  
NO DIABETICS!**

Cost: \$29.00 check or cash

Location: Nurses Office  
Cathy Brennan - RN

**Call 258-2786 to set-up appointments**

**HUMAN SERVICES INFORMATION:**

**FOOD PANTRY VOLUNTEERS:**

The Town of Rocky Hill Human Services Department is seeking one or more volunteers to coordinate and put donations away in the food pantry. We would ask that the person(s) be available 2- 3 days a week for a couple hours a day or on an as needed basis between 8:30 am and 4:30 pm. The position does require some heavy lifting at times and great organizational skills. Anyone interested in volunteering their time please call **The Rocky Hill Human Services at 860-258-2799.**

**MUNICIPAL AGENT FOR THE  
ELDERLY**

Need help or have questions regarding prescription coverage, insurance, issues, Medicare Savings Program, or Snap.  
**Call Erinn at 860-258-2021 to make  
an appointment**

**ROCKY HILL MINI BUS SERVICE:**

**Transportation for the elderly & disabled  
Must reside in Rocky Hill  
Call Charlene: 860-258-2701  
**Monday - Friday 8:30am - 10:30am  
MUST CALL 24HRS IN ADVANCE****



**For any more information on any of the health programs the Center offers, please contact the Senior Center Office at 860-258-2786**



**WEEKLY PROGRAMS:**

**TUESDAY SET BACK CLUB**

Every Tuesday  
12:30 - 2:30/3:00

Refreshments served  
Room 1 - Senior/Community Center  
**Apple Rehab: Supplying Goodies on  
3rd Tuesday of the month**

**MAHJONG GROUP**

Every Thursday  
1:00pm - 4:00pm  
Room 7 - Senior Lounge  
FREE

From beginners to experienced!  
**LOOKING FOR MORE PLAYERS!**

**WII BOWLING**

Every Wednesday  
1:00 - 3:00pm  
Room 2/3

Senior/Community Center  
No experience necessary! Come have a  
good time and meet great people  
FREE!

**SENIOR WOOD CARVING CLASS**

Wednesday  
1:00pm - 3:00pm  
Room 4 - Senior/Community Center  
Open to Carvers of all expertise!  
Drop In Program  
**\$2.00-payable to instructor**  
Instructor: Warren Blessing

**SENIOR KNITTERS & CROCHET  
GROUP**

Every Tuesday  
10:00am - 12:00pm  
Room 2 - Senior/Community Center  
Bring your hooks, needles, craft  
Projects etc.

All expertise welcome!  
**We would love people to donate yarn to help  
the ladies with their projects that are sent  
to various charity foundations.**

**ROCKY HILL SERENADERS:**

Have fun singing and entertaining at Senior  
Centers and Assisted Living Facilities.

**TUESDAYS**

**1:00pm - 3:00pm**

Room 4 - Senior Community Center  
**For more information Contact the  
Senior Center office 860-258-2786**

**LUNCH & DINING INFORMATION:**

**BIRTHDAY BINGO**

First Tuesday  
May 2, 2017  
12:45pm - 3:00pm  
Sponsored by: Mapleview Manor

**BINGO AT COMMUNITY CENTER**

Monday, Wednesday, Thursday, Friday  
Bingo is held after Lunch  
12:45pm - 3:00pm

**FEE FOR BINGO CARDS!**

**Subject to change if there is no Bingo  
Caller.**

**SENIOR CENTER LUNCH FEES:**

Resident Members: \$3.50  
Non-resident members: \$4.00  
Residents Non-Members: \$5.00  
Non Residents Non-Members: \$7.00


**LUNCH IS SERVED AT 12:00PM SHARP!  
MUST REGISTER DAY IN ADVANCE!**

To Register please call the Senior Center  
Office 860-258-2786.

**MAY 2017**  
**ROCKY HILL SENIOR LUNCH MENU**

**MENU SUBJECT TO CHANGE**

**SIGN UP AT LEAST ONE DAY IN ADVANCE**

<b>MONDAY MAY 1</b>	<b>MONDAY MAY 8</b>
Ham Sweet Potatoes Waxed Beans Bread Coffee, Tea, Milk & Dessert	BBQ Chicken Legs Rice Green Beans Bread Coffee, Tea, Milk & Dessert
<b>TUESDAY MAY 2</b>	<b>TUESDAY MAY 9</b>
Ziti w/ Meat Sauce Salad Rolls Coffee, Tea, Milk & Dessert	Grilled Cheese Sandwich Tomato Soup Chips Coffee, Tea, Milk & Dessert
	
<b>WEDNESDAY MAY 3</b>	<b>WEDNESDAY MAY 10</b>
Chicken Cordon Bleu Rice Beets Coffee, Tea, Milk & Dessert	American Chop Suey Salad Italian Bread Coffee, Tea, Milk & Dessert
<b>THURSDAY MAY 4</b>	<b>THURSDAY MAY 11</b>
Swedish Meatballs Buttered Egg Noodles Carrots Bread Coffee, Tea, Milk & Dessert	Salisbury Steak Au gratin Potatoes Carrots Bread Coffee, Tea, Milk & Dessert
<b>FRIDAY MAY 5</b>	<b>FRIDAY MAY 12</b>
Cranberry Walnut Chicken Salad Potato Salad Rolls Coffee, Tea, Milk & Dessert	Scallops Rice Beets Bread Coffee, Tea, Milk & Dessert

**MAY 2017**  
**ROCKY HILL SENIOR LUNCH MENU**

**MENU SUBJECT TO CHANGE**  
**SIGN UP AT LEAST ONE DAY IN ADVANCE**

<b>MONDAY</b> <b>MAY 15</b>	<b>MONDAY</b> <b>MAY 22</b>
Cheese Ravioli Salad Italian Bread Coffee, Teak, Milk & Dessert	Breaded Fish Scalloped Potatoes Corn Bread Coffee, Tea, Milk & Dessert
<b>TUESDAY</b> <b>MAY 16</b>	<b>TUESDAY</b> <b>MAY 23</b>
Breaded Chicken Breast Scalloped Potatoes Peas w/ Mushrooms Bread Coffee, Tea, Milk & Dessert	Chef's Salad Rolls Coffee, Tea, Milk & Dessert
<b>WEDNESDAY</b> <b>MAY 17</b>	<b>WEDNESDAY</b> <b>MAY 24</b>
<b>OLDER AMERICAN BRUNCH</b> <b>PRE-REGISTRATION REQUIRED</b>	Chicken Breast w/ Broccoli & Cheese Augratin Potatoes Green Beans Bread Coffee, Tea, Milk & Dessert
<b>THURSDAY</b> <b>MAY 18</b>	<b>THURSDAY</b> <b>MAY 25</b>
Macaroni & Cheese Caesar Salad Italian Bread Coffee, Tea, Milk & Dessert	Stuffed Sole Rice Carrots Bread Coffee, Tea, Milk & Dessert
<b>FRIDAY</b> <b>MAY 19</b>	<b>FRIDAY</b> <b>MAY 26</b>
Chicken Pot Pie Coleslaw Coffee, Tea, Milk & Dessert	Hot Dogs w/ Chili & Cheese Baked Beans Chips Coffee, Tea, Milk & Dessert

**MONDAY MAY 29: CLOSED!**

**TUESDAY MAY 30:** Meat Ravioli, Caesar Salad, Italian Bread

**WEDNESDAY MAY 31:** Baked Cod Fish, Augratin Potatoes, Green Beans, Bread

**SENIOR LOUNGE:**

(next to the nurses office)

Computers, puzzles, magazines, chairs with ottoman, and card tables.

A place where you can relax and meet up with friends!

**If you have any questions or want more information please call the Senior Center  
At 860-258-2786 or 860-258-2757.**

**BOOMER PILATES**Mondays & Wednesdays  
4:30pm - 5:15pm**June 5 - August 10**

Rocky Hill Community Center

**COST:** (1x week)\$60/residents  
\$65/non-residents  
(2x week)\$120/residents  
\$125/non-residents

Room: Dance Rm #6

Instructor: Personal Euphoria  
(DROP-IN FEE \$7.00-Pilates)

**\*Register at the Senior Center Office. Any Questions please call 258-2786 or 258-2757.**

**PAINT NIGHT**

Paint nights are a huge Success! They are growing in popularity. A lot of laughter, fun & good refreshments. Come & join the fun on

**MAY 17!****PRE-REGISTRATION IS REQUIRED!****May 17, 2017**

Cost: \$35.00/residents  
\$40.00/non-residents  
6:00pm-8:00pm

Light refreshments will be served!

**Please stop by or call the Senior Center Office during business hours at 860-258-2786 for more information about any of the programs offered.**

**EXERCISE PROGRAMS:****T'AI CHI - QIGONG**

June 7 - August 9

Wednesdays 9:45am - 11:00am

Location: Room #2

**COST: \$30.00/residents  
\$35.00/non-residents**

**ZUMBA GOLD**

June 8 - August 17

Thursdays 8:00am - 8:45am

Location: Gymnasium

**COST: \$30.00/residents  
\$35.00/non-residents**

**SENIOR FITNESS**

June 5 - August 16

Mondays &amp; Wednesdays 8:00am - 8:45am

Location: Gymnasium

**COST: \$40.00/residents  
\$45.00/non-residents**

**BOOMERS BOOT CAMP**

June 6 - August 15

Tuesdays 8:00am - 8:45am

Location: Gymnasium

**COST: \$30.00/residents  
\$35.00/non-residents**

**IF YOU DO NOT SIGN UP FOR THE CLASS WE ASK FOR A \$5.00 DROP IN FEE FOR EACH CLASS ATTENDED.**

**\*Register at the Senior Center Office. Any Questions please call 258-2786 or 258-2757.  
REGISTRATION OPENS IN NOVEMBER!**

**SPRING WALK TRACK PROGRAM:**

Walk Track hours are as followed:

**Monday thru Thursday: 7:00am - 8:00am  
1:00pm - 3:00pm**

**Fridays: 7:00 - 8:00am  
2:00 - 3:30pm**

**COST: FREE!**

**STEPNEY SENIORS**

Calling all seniors 55+, come join us for fun, games, food and special activities. Meetings are held every Thursday from 10:30am to 11:30am. Come early for the raffle. Bingo or cards after each meeting. For more information call Bernadette at 860-721-7227.

**May 4:** Board Meeting - 10:15am  
Meeting - 10:30am  
Raffle  
**Program: Name that Tune**  
Bingo or Cards

**May 11:** Meeting - 10:30am  
Raffle  
**Program: Social & LCR**  
Bingo or Cards

**May 18:** Meeting - 10:30am  
Raffle  
**Program: Open House**  
Bingo or Cards

**May 25:** Meeting - 10:30am  
Raffle  
**Program: TBD**  
Bingo or Cards

**ROCKY HILL SENIORS CLUB**

The Rocky Hill Seniors meet on Fridays, 10:30am at The Rocky Hill Community/ Senior Center, a social hour follows. Open to all 55+. Come join us! For more information please call Maria @ 860-563-6707.

**May 5:** Board Meeting - 10:00am  
Meeting - 10:30am  
**Program: Cinco De Mayo Luncheon**  
Bingo 12:45 - 3:00pm

**May 12:** Meeting - 10:30am  
50/50 Raffle  
**Program: Rocky Hill Medical Group**  
Bingo - 12:45-3:00pm

**May 19:** Meeting - 10:30am  
50/50 Raffle  
**Social Hour**  
Bingo - 12:45-3:00pm

**May 26:** Meeting - 10:30am  
50/50 Raffle  
Food Bank  
**Program: Speaker-Lance Morton**  
Bingo - 12:45-3:00pm

**SENIOR TASK FORCE**

Task Force meets on the **2nd** Monday of the month.

**NEXT MEETING:**

**MAY 8, 2017**

**10:00am - 12:00pm**

**Room # 4**

All Seniors are welcome to attend.

Any questions please call the Senior Center Office @ 860-258-2786.

**SENIOR FUNDRAISING COMMITTEE:**

Attend our May's meeting on Friday May, 19 1:00-2:00pm. Join us in planning our 1st Annual Wine Tasting/Food Event. For more information please stop by or call the Senior Center Office at 860-258-2786.

**Attend our Meeting on Friday May 19 1:00pm - 2:00pm.**

**LUNCH & LEARN**

In the past the program has been a huge success, fun is had by all!

**TUESDAY, MAY 23, 2017**

**1:00PM-2:00PM**

FREE to attend!

MUST REGISTER IN ADVANCE!

**SPEAKER:**

**Stephanie Whiteway**  
*"Liberty Mutual"*

Please register by calling 860-258-2786 or stop by the Senior Center Office during office hours Monday-Friday 8:30am - 4:30pm

**LUNCH IS @ 12PM/\$3.50**  
(must register in advance)

**SPEAKER @ 1PM**

<b>MONTHLY CALENDER</b>
-------------------------

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
<p><b>May 1:</b> 7:00-8:00: Walk Track 8:00 - 8:45: Sr. Fitness 9:45 - 11:45: Nurse 12:00-3:00: Lunch/Bingo 12:30-4:30: Bridge Group 1:00 - 3:00: Walk Track 4:00-4:45: Boomer Pilates</p>	<p><b>May 2:</b> 7:00-8:00: Walk Track 8:00 - 8:45: Bootcamp 10:00-12:00: Knitters Group 12:00: Lunch 12:00-3:00: Setback 1:00-3:00: Birthday Bingo 12:45-3:00: Scrabble 1:00 - 3:00: Walk Track 1:00-3:00: RH Serenaders</p>	<p><b>May 3:</b> 7:00 - 8:00: Walk Track 8:00-8:45: Sr. Fitness 9:45 - 11:00: T'ai Chi 12:00-3:00: Lunch/Bingo 1:00-3:00: Wii Bowling 1:00-3:00: Woodcarvers 1:00 - 3:00: Walk Track</p>	<p><b>May 4:</b> 7:00-8:00: Walk Track 8:00-8:45: Zumba Gold 10:00-3:00: Stepney Seniors 12:00-3:00: Lunch/Bingo 12:45 - 3:00: Cards 1:00 - 3:00: Walk Track 1:00-4:00: Mahjong</p>	<p><b>May 5:</b> 7:00-8:00: Walk Track 10:00: RH Friday Club 12:00-3:00: Lunch/Bingo 2:00 - 3:30: Walk Track</p>
<p><b>May 8:</b> 7:00-8:00: Walk Track 8:00 - 8:45: Sr. Fitness 9:45 - 11:45: Nurse 10:00-12:00: Sr. Task Force 12:00-3:00: Lunch/Bingo 12:30-4:30: Bridge Group 1:00 - 3:00: Walk Track 4:00-4:45: Boomer Pilates</p>	<p><b>May 9:</b> 7:00-8:00: Walk Track 8:00 - 8:45: Bootcamp 10:00-12:00: Knitters Group 12:00: Lunch 12:00-3:00: Setback 1:00-3:00: Birthday Bingo 12:45-3:00: Scrabble 1:00 - 3:00: Walk Track 1:00-3:00: RH Serenaders</p>	<p><b>May 10:</b> 7:00 - 8:00: Walk Track 8:00-8:45: Sr. Fitness 8:30-3:30: Footcare 9:45 - 11:00: T'ai Chi 12:00-3:00: Lunch/Bingo 1:00-3:00: Wii Bowling 1:00-3:00: Woodcarvers 1:00 - 3:00: Walk Track</p>	<p><b>May 11:</b> 7:00-8:00: Walk Track 8:00-8:45: Zumba Gold 10:00-3:00: Stepney Seniors 12:00-3:00: Lunch/Bingo 12:45 - 3:00: Cards 1:00 - 3:00: Walk Track 1:00-4:00: Mahjong</p>	<p><b>May 12:</b> 7:00-8:00: Walk Track 10:00: RH Friday Club 12:00-3:00: Lunch/Bingo 2:00 - 3:30: Walk Track</p>
<p><b>May 15:</b> 7:00-8:00: Walk Track 8:00-8:45: Sr. Fitness 9:45 - 11:45: Nurse 12:00-3:00: Lunch/Bingo 12:30-4:30: Bridge Group 1:00 - 3:00: Walk Track 4:00-4:45: Boomer Pilates</p>	<p><b>May 16:</b> 7:00-8:00: Walk Track 8:00-8:45: Bootcamp 10:00-12:00: Knitters Group 12:00: Lunch 12:00-3:00: Setback 12:45-3:00: Scrabble/cards 1:00 - 3:00: Walk Track 1:00-3:00: RH Serenaders</p>	<p><b>May 17:</b> 7:00-8:00: Walk Track 8:00-8:45: Sr. Fitness 9:45 - 11:00: T'ai Chi <b>12:00-3:00: Older American Brunch</b> 1:00-3:00: Wii Bowling 1:00-3:00: Woodcarvers 1:00 - 3:00: Walk Track</p>	<p><b>May 18:</b> 7:00-8:00: Walk Track 8:00-8:45: Zumba Gold 10:00: Stepney Seniors 12:00-3:00: Lunch/Bingo 12:45 - 3:00: Cards 1:00 - 3:00: Walk Track 1:00-4:00: Mahjong 4:30: Get out of the Kitchen</p>	<p><b>May 19:</b> 7:00-8:00: Walk Track 10:00: RH Friday Club 12:00-3:00: Lunch/Bingo <b>1:00-2:00: Fundraising Committee</b> 2:00 - 3:30: Walk Track</p>
<p><b>May 22:</b> 7:00-8:00: Walk Track 8:00-8:45: Sr. Fitness 9:45 - 11:45: Nurse 12:00-3:00: Lunch/Bingo 12:30-4:30: Bridge Group 1:00 - 3:00: Walk Track 4:00-4:45: Boomer Pilates</p>	<p><b>May 23:</b> 7:00-8:00: Walk Track 8:00-8:45: Bootcamp 10:00-12:00: Knitters Group 12:00: Lunch 1:00-2:00: Lunch &amp; Learn 12:00-3:00: Setback 12:45-3:00: Scrabble/cards 1:00 - 3:00: Walk Track 1:00-3:00: RH Serenaders</p>	<p><b>May 24:</b> 7:00-8:00: Walk Track 8:00-8:45: Sr. Fitness 9:45-11:00: T'ai Chi 12:00-3:00: Lunch/Bingo 1:00-3:00: Wii Bowling 1:00-3:00: Woodcarvers 1:00 - 3:00: Walk Track <b>6:00-8:00: Paint Night</b></p>	<p><b>May 25:</b> 7:00-8:00: Walk Track 8:00-8:45: Zumba Gold 10:00: Stepney Seniors 12:00-3:00: Lunch/Bingo 12:45 - 3:00: Cards 1:00 - 3:00: Walk Track 1:00-4:00: Mahjong <b>9:00-1:00: AARP Smart Driver</b></p>	<p><b>May 26:</b> 7:00-8:00: Walk Track 10:00: RH Friday Club 12:00-3:00: Lunch/Bingo 2:00 - 3:30: Walk Track</p>
<p><b>May 29:</b>  <b>CLOSED MEMORIAL DAY</b>  <i>Memorial Day</i> </p>	<p><b>May 30:</b> 7:00-8:00: Walk Track 10:00-12:00: Knitters Group 12:00: Lunch 12:45-3:00: Hollywood Cards 12:00-3:00: Setback 12:45-3:00: Scrabble/cards 1:00 - 3:00: Walk Track 1:00-3:00: RH Serenaders</p>	<p><b>May 31:</b> 7:00-8:00: Walk Track 12:00-3:00: Lunch/Bingo 1:00-3:00: Wii Bowling 1:00-3:00: Woodcarvers 1:00 - 3:00: Walk Track</p>		



**MOHEGAN SUN CASINO TRIP:**

**FRIDAY JUNE 16, 2017**

**FIRST COME FIRST SERVE  
PRE-REGISTRATION REQUIRED**

**LIMIT OF 50**

**COST: \$20.00**

**8:30am - 5:00pm**

**Leaving Elm Ridge Park at 8:30am  
and returning at 5:00pm.**

**Registration starts TUESDAY**

**JUNE 6 at 8:30AM until the bus is  
full.**

**PAYMENT IS DUE ON DAY YOU REGISTER FOR  
THE TRIP!!**

**REFUND POLICY: NO REFUNDS WILL BE  
GIVEN ON THE TRIP!**

**UPCOMING BUS TRIPS:**

**GET OUT OF THE KITCHEN**

**THURSDAY, MAY 18, 2017**

**Pick up will start at 4:30PM**

**Restaurant: Dakota's**

**(subject to change)**

**FEE: \$3.00(bus fee)**

**(plus cost of dinner)**

**MUST REGISTER IN ADVANCE!**

**Please call the Rocky Hill Senior Center for  
more information. 860-258-2786**

**SENIOR TRIPS:**

**(More Trips are located on Senior  
Bulletin Board)**

**ADVENTURES WITH LOIS PRESENTS:**

**THE NEWPORT PLAYHOUSE**

**We are filling the theatre...**

**Enjoy a Great Lobsterfest Menu!**

**Monday, June 26, 2017**

**Enjoy a great buffet:**

**Lobster, Shrimp Cocktail, Clam Chowder,  
variety of salads**

**Depart: 8:15am, Elm Ridge Park**

**Return: 7:00pm, Rocky Hill CT**

**Cost: \$96 pp based on 40-52**

**For reservation info: Lois Morton  
(860)529-2797**

**loisjmorton@cox.net**

**ALL YOU CAN EAT LOBSTER &  
COMEDY SHOW**

**The Delaney House - Holyoke MA**

**July 12, 2017**

**Bobby Darling & Dr. Devine!**

**A hilarious Combination!**

**Served at your Table:**

**Cheese & Vegetable Platter**

**Shrimp Cocktail & Salad**

**Bread Basket**

**LOBSTER! LOBSTER! LOBSTER!**

**Cost: \$96 pp based on 40-52**

**For reservation info: Lois Morton  
(860)529-2797**

**loisjmorton@cox.net**

**SENIOR CENTER**

**CLOSED!**

**AUGUST 21-AUGUST 25**

**FOR CLEANING!**

## **STEPNEY SENIOR OF ROCKY HILL OPEN HOUSE**

The Stepney Seniors of Rocky Hill are having an OPEN HOUSE!

Come enjoy live entertainment, good food, and friendship.

COME SEE WHAT THE CLUB AND COMMUNITY CENTER HAVE TO OFFER.

**MAY 18, 2017**  
**10:30-11:30am**  
**Rocky Hill Community Center**

## **OLDER AMERICAN BRUNCH**

***Theme: "Age Out Loud."***

Celebrating Older Americans month, we acknowledge all of your many contributions that make our community and Senior Center wonderful. The kindness, strength, perseverance, and your wisdom is a true inspiration to all of us. We are truly grateful!

**MAY 17, 2017**  
**10:30AM - 3:00PM**

**PRE-REGISTRATION REQUIRED**  
**COST: \$5.00/MEMBERS**

**LIMIT OF 65!**

**Menu:**

Fruit Cup  
 Scrambled Eggs  
 Homefried Potatoes  
 Breakfast Sausage

**BRUNCH SERVED**  
**AT 12PM**

To register please call the Senior Center Office  
 during business hours 8:30am - 4:30pm at 860-258-2786





**LUNCH & LEARN**

**Tuesday MAY 23, 2017**

**1:00PM - 2:00PM**

**Location: Rocky Hill Community Center**

**SPEAKER: LIBERTY MUTUAL  
STEPHANIE WHITEWAY**

**TOPIC: FRAUD PROTECTION**

**Lunch 12:00pm  
Seminar 1:00pm**

**MUST REGISTER IN  
ADVANCE FOR BOTH!**

**AARP SMART DRIVER COURSE**

**Thursday, May 25, 2017**

**9:00am - 1:00pm**

**COST: \$15/AARP MEMBERS  
\$20/NON-MEMBERS**

**PAYABLE DAY OF CLASS**  
(Checks made out to AARP)

**LOCATION: RHCC ROOM #2/3**

**Limit of 20 Participants!  
Pre-Registration Required!!**

To register please contact Denise or Brittany @ 860-258-2786.