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Date: October 1, 2010
To: Local Media
From: Linda Bantell, Health Educator
Phone (860) 721-2824

Please publish the attached press release as soon as possible. If you have any questions you may call me at the above number. Thank you.

FOR IMMEDIATE RELEASE:

BLOOD GLUCOSE SCREENING PROGRAM OFFERED

The Central Connecticut Health District and the Wethersfield Health Care Center will continue to offer a glucose screening program to residents of Wethersfield, Rocky Hill, Newington, and Berlin who are 65 years of age and older.

Jacki Baranowski, R.N. from the Wethersfield Health Care Center, will conduct free blood glucose screenings monthly in the Health District member towns of Rocky Hill and Wethersfield. The blood sugar test takes only minutes, and time is permitted to allow participants an opportunity to discuss the meaning of the resulting numbers and what to do if the sugar level is too high.

Screenings are conducted on the 2nd Tuesday of each month in Wethersfield and the 4th Tuesday of each month in Rocky Hill. Residents of all four health district towns are invited to participate at the location of their choice.

The October glucose screenings will be on **10/12/10** from 10:00 a.m. – 12:00 p.m. at the **Pitkin Community Center**, 30 Greenfield St. in **Wethersfield** and on **10/26/10** from 10:00 a.m. – 12:00 p.m. at the **Rocky Hill Community Center**, 55 Church St., Rocky Hill

Appointments are required. For further information, directions, and to schedule an appointment, contact the Central Connecticut Health District at 721-2818.