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Date: February 10, 2010
To: Local Media
From: Linda Bantell, Health Educator
Phone (860) 721-2824

Please publish the attached press release as soon as possible. If you have any questions you may call me at the above number. Thank you.

FOR IMMEDIATE RELEASE:

HEALTH DISTRICT OFFERS FREE CHOLESTEROL SCREENINGS

The Central Connecticut Health District is offering free blood cholesterol screenings for residents of Berlin, Newington, Rocky Hill, and Wethersfield. The screening program has been made possible through a grant from the Connecticut Department of Public Health.

Nurses from the VNA Healthcare will conduct the screening on four days between the hours 8:30-10:30 a.m. as follows:

Tuesday,	3/23/10	Newington Senior & Disabled Center, 120 Cedar St., Newington (rm. A & B)
Wednesday,	3/24/10	Pitkin Community Center, S-2, 30 Greenfield St., Wethersfield (rm. S-2)
Tuesday,	3/30/10	Berlin Community Center, 230 Kensington Rd., Berlin (rm.1)
Wednesday,	3/31/10	Rocky Community Center, 55 Church St., Rocky Hill (rm. 2)

Residents of any of the Health District's member towns are welcome to attend the clinic at the location of their choice.

Appointments are required. Participants must not eat after mid-night of the evening before their appointment.

The screening is free. Participants who would like further information will be eligible to attend a follow-up educational program in the spring. For additional information or to schedule an appointment, contact the Central Connecticut Health District at 721-2818 (www.ccthd.org).